Bret A Williamson

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Professional Objective

To obtain experiences which utilize my current qualifications while continuously challenging me to learn and grow.

Education

- **Doctorate of Philosophy, Counselor Education and Supervision:** Walden University *(proj. 2027)*
- **Master of Arts, Clinical Mental Health Counseling:** Bowling Green State University *(2023)*
- **Bachelor of Arts, Psychology & German:** Bowling Green State University *(2018)*

Work Experience

- **Clinical Counselor – OhioGuidestone** *(Perrysburg, OH)*
  Employed from: 10/2023 to Present
  - Facilitate individual and group psychotherapy utilizing evidence-based practices.
  - Assess for mental, emotional, and substance use disorders as informed by the DSM-5-TR and develop comprehensive treatment plans.
  - Provide crisis intervention services.
  - Proactively engage in clinical supervision with case conceptualization.
  - Create and update monthly awareness fact sheets for lobby display board.
- **Adjunct Faculty – Bowling Green State University** *(Bowling Green, OH)*
  Employed from: 08/2024 to Present
  - Facilitate learning through in-person and asynchronous online lectures, in-class activities, assignments, and examinations.
  - Develop comprehensive lesson plans to ensure key performance indicators are met.
  - Engage in remediation where applicable, and gatekeeping when necessary.
  - Provide comprehensive and timely feedback to strengthen critical thinking and application of learned materials.
- **Substance Use Disorder Counselor – Harbor** *(Bowling Green, OH)*
  Employed from: 02/2022 to 10/2023
  - Facilitate group and individual therapy.
  - Assess for substance use disorders and develop comprehensive treatment plans.
  - Provide crisis intervention services.
  - Continuously monitor trends in the field to provide best practices.

Training Experience

- **Eye Movement Desensitization and Reprocessing** *(2025-2026)*
  - Personal Transformation Institute
- **AFFIRM Youth: Cognitive Behavioral Therapy** *(2024)*
  - Project Youth Affirm
- **The Basics of DBT Individual Psychotherapy** *(2021)*
  - Treatment Implementation Collaborative
- **Dialectical Behavior Therapy Skills Training** *(2020)*
  - Treatment Implementation Collaborative

Current Licensure and Certifications

- **2026**
  - EMDR Certification - #2550600
- **2025**
  - Licensed Professional Clinical Counselor – E.2505656
- **2024**
  - Licensed Independent Chemical Dependency Counselor – LICDC.162575