

Bret A. Williamson, MA, LPCC, LICDC, EMDRC
CURRICULUM VITAE

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EDUCATION

2023- *PH.D. COUNSELOR EDUCATION AND SUPERVISION*
PRESENT WALDEN UNIVERSITY, CACREP- ACCREDITED
2023 *M.A., CLINICAL MENTAL HEALTH COUNSELING*
BOWLING GREEN STATE UNIVERSITY, CACREP-ACCREDITED
2018 *B.A., PSYCHOLOGY*
BOWLING GREEN STATE UNIVERSITY
2018 *B.A., GERMAN*
BOWLING GREEN STATE UNIVERSITY

LICENSURE AND CERTIFICATION

2026- *EMDR Certification, #2550600*
Present
2023- *LICENSED PROFESSIONAL CLINICAL COUNSELOR, E.2505656*
Present
2017- *LICENSED INDEPENDENT CHEMICAL DEPENDENCY COUNSELOR, LICDC.162575*
Present

PROFESSIONAL DEVELOPMENT & TRAINING

2025 The Many Layers of EMDR
2025 Eye Movement Desensitization and Reprocessing Basic Training
2024 AFFIRM Youth: Cognitive Behavioral Therapy Training
2023 Cognitive Processing Therapy: An Evidence-Based Approach to treat PTSD and Related Conditions
2022 The Seven Challenges for Adolescents and Young Adults
2022 Safe & Together Model Core Training
2021 The Basics of DBT Individual Psychotherapy
2020 Dialectical Behavior Therapy Skills Training

PROFESSIONAL AFFILIATIONS

2021- *American Counseling Association*
Present Member
2021- *Society for Sexual, Affectional, Intersex, and Gender Expansive Identities*
Present Member
2023- *Association for Counselor Education and Supervision*
Present Member
2023- *North Central Association for Counselor Education and Supervision*
Present Member

CLINICAL EXPERIENCE

- 2023-
Present *Clinical Therapist - OhioGuidestone*
- Facilitate individual and group psychotherapy.
 - Assess for mental, emotional, and substance use disorders as informed by the DSM-5-TR and develop comprehensive treatment plans.
 - Provide crisis intervention services.
 - Proactively engage in clinical supervision with case conceptualization.
- 2022-
2023 *Substance Use Disorder Counselor - Harbor*
- Facilitate individual and group SUD psychotherapy.
 - Assess for substance use disorders and develop comprehensive treatment plans.
 - Provide crisis intervention services.
 - Continuously monitor trends in the field to provide best practices.
- 2019-
2022 *Residential Case Manager - Harbor*
- Facilitate individual, group, and family SUD psychotherapy.
 - Complete intake process, orientation, and diagnostic assessment of new clients.
 - Participate in treatment planning and consultation with clients.
 - Maintain accurate and appropriate documentation.

TEACHING EXPERIENCE

- 08/24-
Present *Adjunct Professor, Bowling Green State University*
- Counseling the Culturally Diverse
 - Legal and Ethical Issues in Counseling
 - Alcohol and Drug Abuse Treatment
 - Group Counseling Models and Procedures
 - Seminar/Practicum in Counseling
 - Internship in Counseling
 - DSM Diagnosis and Treatment Implications for Counselors
 - Guest Lecture (Feb. 2023, 2024)
- 08/25-
01/26 *Doctoral Teaching Assistant, Walden University*
- Counseling Addictive Disorders (Master's Level)
 - Intensive II: Advanced Applications in Teaching, Supervision, and Research (Doctoral Level)

RESEARCH EXPERIENCE

- 01/26-
Present *Doctoral Dissertation Research*
- Topic: The Differential Impact of the Five Facets of Mindfulness on Sexual Minority Resilience as Moderated by Experiences of Heterosexism
- Responsibilities:* Provide detailed literature review and rationale for completion of the study, complete IRB requirements as set forth by Walden University's Board, recruit participants, collect and analyze data, synthesize findings into coherent doctoral-level paper.
- 01/23-
08/23 *GRADUATE THESIS RESEARCH*
- TOPIC: MENTAL HEALTH CONCERNS FOR GAY MEN WHO HAVE EXPERIENCED HOMOPHOBIC SOCIAL MEDIA
- Responsibilities:* Collect, analyze, and synthesize previous literature into a coherent academic paper.
- Committee Chair: Jared S. Rose, Ph.D., LPCC-S, NCC, EMDRC
- Committee Member: J. P. Oehrtman, Ph.D., LPSC
- 03/19- *UNDERGRADUATE RESEARCH ASSISTANT*

- 06/19 MINDFUL BEHAVIOR THERAPIES AND PSYCHOPHYSIOLOGY LAB
STUDY: COMPONENTS OF PSYCHOLOGICAL FLEXIBILITY
Responsibilities: Collect heart rate variability data from participants through the administration of cognitive tasks in a clinically appropriate manner to reduce bias. Clean and analyze collected data with a specialized program and organize collected data utilizing a statistical program.
Supervisor: William O'Brien, Ph.D.
- 08/18-12/18 UNDERGRADUATE RESEARCH COORDINATOR AND INVESTIGATOR
STUDY: GENDER CONFORMITY AND ATTRACTIVENESS BIASES
Responsibilities: Develop study design and establish protocols for data collection, organization, and analysis. Train research assistants in running participants, data collection, organization, and analysis. Writing, editing, and reviewing manuscripts developed from data collection.
Supervisor: Julie Pomerleau, MA
- 08/18-04/19 UNDERGRADUATE RESEARCH ASSISTANT
STUDY: MINDFULNESS AND RESPONSES TO FAILURE IN PERFECTIONISTS
Responsibilities: Collect psychophysiological data from participants utilizing clinically appropriate interactions to reduce experimenter influence. Organize, clean, and analyze collected heart rate variability data using specialized programs.
Supervisor: Eric Dubow, Ph.D.
- 06/17-08/19 UNDERGRADUATE RESEARCH ASSISTANT
MINDFUL BEHAVIOR THERAPIES AND PSYCHOPHYSIOLOGY LAB
STUDY: PSYCHOLOGICAL AND PHYSIOLOGICAL CORRELATES OF STRESS
Responsibilities: Organize and clean collected paper data using a computer statistical program. Organize and clean psychophysiological data and analyze electrocardiograph and impedance cardiography data. Train new research assistants in the cleaning and analysis of psychophysiological data, and the utilization of programs which collect and analyze data.
Supervisor: William O'Brien, Ph.D.

PRESENTATIONS

- Williamson, B. A., & Rose, J. S. (2024). *Mental health concerns for gay men who have experienced homophobic social media*. Ohio Counseling Association 2024 Virtual Spring Conference.
- Williamson, B., Eisenberg, M., and Like, B. (2018). Gender conformity and attractiveness biases. Bowling Green State University Undergraduate Research Symposium, Bowling Green, OH, United States.

BIBLIOGRAPHY

- Williamson, B. A., Rose, J. S., & Oehrtman, J. P. (2024). Mental health concerns & treatment for gay men who have experienced homophobic social media. *Journal of Counselor Practice*. Under review.
- Williamson, B. A., Rose, J. S., & Oehrtman, J. P. (2023). *Mental Health Concerns for Gay Men Who Have Experienced Homophobic Social Media* [Master's thesis, Bowling Green State University]. OhioLINK Electronic Theses and Dissertations Center. http://rave.ohiolink.edu/etdc/view?acc_num=bgsu1686406490837353

Koerten, H. R., Watford, T. S., Wicks, R., & Williamson, B. A. (2019). *Using mindfulness to help perfectionists effectively respond to failure*. Midwestern Psychological Association 2019 Convention, Chicago, IL, United States.